



NAHEP



Sri Karan Narendra, Agriculture University  
Jobner-303 329, Jaipur

## YOGA & MEDITATION FOR STRESS MANAGEMENT AND HEALTHY MIND

October 1<sup>st</sup>, 2021  
6:15 AM to 7:15 AM

# YOGA

A form of Meditations and Disciplined Life!

### Yoga Experts

Mr. Hanuman Sahay Rolaniya

President

Patanjali Kisan Seva Samiti, Rajasthan

Ms. Suman Sharma

Yog Shikshak

Mahila, Patanjali Yog Samiti, Jaipur Rural

Venue: Dean Office Lawn, SKNCOA, Jobner  
Jaipur -303 329 (Rajasthan)

Organized by  
NAHEP, SKN Agriculture University  
Jobner-303 329, Jaipur (Raj.)



PATRON

Prof. J. S. Sandhu

Hon'ble Vice Chancellor, SKNAU, Jobner



ORGANIZER

Dr. A.K. Gupta

Dean and Faculty Chairman, SKNAU, Jobner

Website: [www.sknau.ac.in](http://www.sknau.ac.in), [www.nahepjobner.in](http://www.nahepjobner.in)

